

## C H A R A C T E R Q U E S T I O N S

### During the previous week:

1. Have you been a testimony to the greatness of Jesus Christ through your thoughts, words and actions?
2. Have you lacked integrity in your words, or financial dealings?
3. Have you been honoring, understanding and generous in your important relationships?
4. Have you continued to remain angry toward another?
5. Have you harmed or meant harm to another person by your words, either behind their backs, or face to face?
6. Have you been exposed to sexually alluring material, or allowed your mind to entertain inappropriate sexual thoughts?
7. Have you given in to addictive behavior or allowed your mind to be controlled by obsessive thoughts?
8. \_\_\_\_\_  
*Your personalized question.*
9. Did you finish the scripture reading as agreed, what has God shown you in this and what do you plan to do about it?
10. Have you faithfully prayed for the lost as agreed?
11. Have you been completely honest with me?

*“Therefore confess your sins to each other and pray for each other so that you may be healed.” James 5:16 NIV*

### Prayer Guide:

Each member of our group will pray and identify two or three people whom we feel God is calling us to pray for their salvation. By putting their names in the spaces below, and using this brochure as a bookmark, we will be reminded to pray each time we open our Bibles for our daily reading.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

The following prayer points may be helpful.

- That I may proclaim the Gospel clearly to them in word and deed. (Eph 6:19-20)
- Send others to witness to them as well. (Mt 9:37-38)
- Open their eyes to the light. (2 Co 4:4)
- That they would receive the Bible not as the word of men, but of God. (1 Th 2:13)
- That they would seek you Lord. (Ac 17:27)
- Lord draw them to yourself. (Jn 6:44)
- That they would come under the conviction of the Holy Spirit. (Jn 16:8)
- Call them to turn from sin and begin to follow Jesus. (Ac 17:30-31)
- Cause them to believe the truth and become saved (Jn 5:24)
- Lord I pray that they will confess with their mouth and believe in their heart that Jesus Christ is Lord. Ro (10:9-10)
- Reveal yourself to them, for you are the Lord of the harvest.

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extreme discipleship web-zine

## LIFE TRANSFORMATION GROUP



*“As iron sharpens iron,  
so a friend sharpens a friend.”*  
Proverbs 27:17 NLT

**Intimacy  
Transparency  
Confidentiality  
Mutual Support  
& Accountability**

*“A man of many companions may come to ruin,  
but there is a friend who sticks  
closer than a brother.”*

Proverbs 18:24

## Three People .....

### Group Purpose

In a nut-shell. We are two to four guys or gals who covenant to meet weekly for the purpose of being mutually accountable for our personal struggles (sin), and in turn offering each other prayer, support and confidentiality.

### Same Sex Only

Some of the things we need to talk about most are less likely to be dealt with in a coed group.

### Three, not four

Size is a critical element that can help or hinder our group purpose. While limiting our size to two or three people, we still continue looking for opportunity to include others, however when the fourth person shows up we multiply and become two independent groups. In this way there is no limit to the number of people who can become involved.

A group of two to four has increased opportunity to achieve intimacy in sharing.

Reproducibility is one of our stated goals, and one of the hoped for results of our harvest prayers.

Less moving parts means more flexibility in planning our times together.

*“Where two or three come together in my name, there am I with them.”*  
Matthew 18:20

## Three Things

### 1. Confession Of Sin

On the reverse are eleven “Character Questions” that we will each answer truthfully every time we meet. Everything said during this time will be held in the strictest confidence, creating in time, a safe environment for confession of sin and honest conversation about our common struggles. In this process we will become known as we truly are, and invite one another to keep us accountable for our progress. Prayer over the issues raised will be our only response to sin confessed.

*“Though one may be overpowered,  
two can defend themselves. A cord of three strands  
is not quickly broken.” Ecclesiastes 4:12)*

### 2. Reading Of Scripture

We believe that there is power in the scriptures to transform lives. Each week our group will select a portion to read (kind of like homework). Our goal is that we will read about thirty chapters each week. It may take us a while to develop and appetite for this much scripture, and that’s OK. This isn’t about skipping through the Bible in one year. If one or more of us are unable to finish the agreed upon reading, then we’ll just try again with the same scriptures the following week. Unlike other books, the Bible actually gets better when read repeatedly.

### 3. Harvest Praying

We will endeavor to pray new people into the kingdom of God (See prayer guide on reverse side), and also pray that he will add to our number in this group enabling us to multiply.

## Group Covenant

- I will speak truthfully at all times.
- I am committed to defeating sin in my life, and welcome the support of others.
- I will faithfully attend meetings, always arriving on time.
- I will keep all things revealed by other in strict confidence.

## Getting Started

- Begin by pursuing the three things on your own. Be a group of one.
- Set a time each week for your meeting with God (approximately one hour).
- Answer the character questions out loud.
- Select a scripture portion and faithfully read it.
- Pray for the lost, and pray that God will bring you one person to become part of your group.

## Who’s Belongs Here?

- Anybody who really wants a deeper walk with Jesus.
- Those who are willing to trust in these Biblical methods.

## Is that all?

- Yes, there is nothing else to join, no other instructions, other than what you get directly from The Holy Spirit. Now you just take the ball and run with it...