

Hello from Rob and Kelly,

Congratulations for recognizing and doing something about seeking help for your marriage. It is so worth it! We are Rob and Kelly Nicholls and have been providing marriage counselling services as a ministry outreach since 2016. Kelly is a Certified Pastoral Counsellor and Rob is an Associate Pastor at Princeton Baptist Church. We are also both certified facilitators through [Prepare-Enrich](#). If you would like to know more about us, you can visit our Facebook page [Have A Better Marriage](#).

Our ministry is a result of us having been through our own desperate marriage struggle and having overcome what we never thought possible. It's our goal to show folks who are struggling in their own marriages that it doesn't have to end in separation and divorce. If we did it, so can anybody.

We provide our services free of charge and only require that you be as committed to rebuilding your marriage as we promise to be in helping you.

Our method mirrors the Biblical model of redemption through Christ, but where the rebirth is the "new marriage". We call it "Boot Camp". We developed this 5-step program over the years and have found it extremely effective at bringing the couple together on common ground with a common goal and a focused outcome. We begin by helping the couple to better understand why their marriage problems exist, but then we encourage the couple to draw a line in the sand and not let past failures and hurts hamper their moving forward with healthy biblical principles of forgiveness, and proper marital behaviours e.g. Eph. 5:25 and 1st Corinthians 13:4-7. (Justification and sanctification)

As a first step, we would meet via Zoom and discuss the process and give you a chance to get to know us and our methods. We would then ask that you both commit to a private online survey that provides us with a detailed inventory of your strengths and potential growth areas. This assessment is completed through [Prepare/Enrich](#) who have been providing these personalized assessments to millions of couples for over 50 years. This is simply a very efficient way for us to get to know you as a couple without having to spend hours in question-and-answer sessions. This assessment tool is the only cost item and is at present \$35 US, if this is a financial hardship we can help with the cost.

Please discuss this email between the two of you and advise us if you would like to proceed. If so, we will schedule a meeting for the near future either personally or via Zoom. This will be a journey, but one that you will never regret.

Rob and Kelly Nicholls
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